

## Sinus infection- the rapidly increasing problem

**S**inus infection is the problem that affects the cavities around the nose or inflammation to the sinuses. It is common by the name **sinusitis** around the globe. This infection will be spreading very rapidly and millions of people get affected by this particular every year. It's an infection which can be very painful and makes the life of the patient uncomfortable. It is caused by bacteria, fungi and viruses which usually shows **sinus headache symptoms** and issues in the breathing. The air or mucus gets blocked in the sinuses causing severe pain.



### Sinus Infections are Generally Brought on Due to the Common Cold

The other causes are usually increase in the air pressure, pregnancy which changes consequently of the ladies. Asthma and genetic issues can also trigger sinusitis. Even the anatomy of nose and also any accident which disturbs the structure of nose can cause this problem.

The symptoms of the sinus infections are severe headaches, swelling around the eyes, loss of smell, pain in the cheeks as well as blocked nose which in the end leads to high fever and weakness in the body. Severe sinus can also lead to issues in the brain but this is very rare case. This sinus is only able to be taken care of by surgery which will deal with the infection forever.



Sinus Headache Symptoms Sinus Headache Sinusitis Functional

The sinus infections will be categorized into three types depending on the duration of the infection: acute which last up to three weeks, chronic lasting up to more than eight days and recurring that causes frequent attacks in a period of time. This infection can be classified as frontal, ethmoid, sphenoid and maxillary sinuses.

The **sinus headache** signs and symptoms are seen in a person it is better to consult the doctor to be able to experience the problem at the initial stage. There are various remedies for the sinus infections such as treatment with antibiotics, home remedies and even surgeries. The antibiotics prescribed by the physician are decongestants, intranasal corticosteroids and also mucolytic real estate agents. These antibiotics are not suitable for everybody. It is said that the usage of medicines ought to be bare minimum as they can cause unwanted effects like allergies so the best are the home remedies as well as natural care like intake of fruit juice of ripe grapes or jalapeno pepper, inhalation of steam and also using of ginger paste to get cured from this infection. Sinus infections that are not cured by means of treatment, needs surgery. The most common surgical procedure recommended by the doctor is **functional endoscopic sinus surgery**.

### About Author's

Author provides detailed information about sinus infections . Here she also provides information about sinus headache signs and symptoms, problems, and its treatment. To be able to find out visit <http://www.nasodren.com>.

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