

# Early Warning Signs of Sinusitis

**A**s the sinuses are part of the respiratory system, the symptoms of **sinusitis** are quite similar to symptoms of additional respiratory conditions. If you have to face the following symptoms over a period of time you should seek medical help.



## Asthma

This is really a reactive airway disease characterised by intermittent airway constriction causing the patient to be able to gasp and also wheeze while attempting to breathe. It can be dangerous especially in children. It is linked to several other diseases such as sinusitis and aspirin allergy. Cold and flu may follow after about of asthma.

- Cough maybe a combination of a sinusitis, cold or the flu.
- In older adults, a persistent cough maybe a symptom of tuberculosis.
- In children, breathing problems at night possibly a common symptom of **chronic rhinosinusitis**.

## Earaches

Earaches can happen to all young and old. These kinds of ear infections are usually a condition called otitis mass media, an infection of the inner ear. Babies and young children having earaches may show symptoms such as a fever or tugging on their head. In older adults may indicate otitis media or perhaps otitis externa also called "swimmer's ear".

## Normal Person Will Have Temperatures Between 97.5 and 101 Degrees Fahrenheit

A fever will take place when the temperature hovers around 103 degrees Fahrenheit. If the a fever is combined with discomfort in the face and/or nasal blockage, the fever may be a symptom of sinusitis.

## Headache

The most common causes of headaches are stress and variations of migraine. It may also occur with an acute sinusitis.

## Itchy as Well as Watering Eyes

Itchy eyes may be an indication of infection in the sinuses. Persisitent watery eyes can be the result of sinusitis or sinus tumor as the split duct is situated close to the sinuses and can be affected by sinus swelling.

## Loss of Smell

Decrease sense of smell is a common and important characteristic of chronic rhinosinusitis. It occurs because of the swelling of the nose. Thus, for those who have an infection in your sinuses, you may temporarily get rid of your sense of smell.

- **chronic sinusitis** the pain is a typical uninteresting ache, or feeling of strain between the eyes.
- Those infected with sphenoid sinuses can experience pain in the head, neck, or at the top of the head.

## Sore Throat

When the mucus produced by the body becomes afflicted, it might aggravate the linings of the throat. Recurrent sore throats can be a symptom of allergic reactions, chronic sinusitis or perhaps chronic inflammation with the tonsils or adenoids.

## Swelling of the Eyelids

Swelling in the eyelids occur when the ethmoid sinuses are near the tear duct and if they are swollen the eyelids and tissues around the eyes can become swollen or perhaps discoloured or sometimes known as "allergic shiners"

## Tiredness

This is certainly true of chronic sinusitis. You will feel fatigue and get rid of sleep.

## Toothache

You feel a good ache in the upper molar teeth at the back of your mouth it might be a symptom of a sinusitis.

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