

Chronic Sinusitis - What to Look For

We've all felt the pain of a **sinus infection**. The throbbing pressure, postnasal drip and congestion tend to be just a few of the actual aggravating symptoms in which we've been all familiar with. A lot of people get over their infection within a week or so, but for some of us it never stops. That week turns into a month, at times lengthier, and it seems as soon as they get better it comes right back. This is known as a **chronic sinus** infection, although the symptoms are similar to a severe sinus infection, they may be much worse. In some cases they can lead to serious problems in the event that they're not treated properly. Let us take a look at some of the differences between a serious infection and a chronic infection.



Acute **Sinusitis** Vs **Chronic Sinusitis**

- As mentioned before, a serious sinus infection will last 7 to 10 days, and is generally triggered by a cold or the flu.
- Acute sinusitis is often caused by a cold or the flu, when bacteria become trapped within the nose passages and nose cavities.
- Thick greenish-yellow release is a sign of a serious sinus infection.
- **chronic sinus infection** could last up to 12 days or perhaps longer.
- This is normally caused by a pre-existing condition such as hypersensitive rhinitis, or repeated acute infections.
- Symptoms are usually significantly more severe in the case of a chronic sinus infection, and they include:

Clear, thin discharge - Extreme pressure and congestion - Headaches, especially when leaning forward or bending over - Halitosis (bad breath) - Discomfort in the teeth and jaw - Postnasal drip

Treatment is Essential

When it comes to persistent sinusitis, therapy is essential because of the risk of the infection spreading to other parts of the head and body. The infection can spread to the ears, producing momentary (and sometimes permanent) hearing problems as well as the eyes which could lead to temporary or permanent vision loss. In extreme cases, chlamydia can spread to the brain and spinal cord, which could end up being fatal.

While no one wants to be able to live with the pain and stress associated with chronic sinusitis, it still must be said that you find medical assistance immediately in order to assist you in fighting the infection. Your doctor can prescribe you medication, or in some cases they are going to relate you to an ENT (Ear, Nose and Throat doctor) to receive nose surgical procedure. Other options for treatment.

While both oral medications and **sinus surgery** have their advantages, they are not always the most effective in eliminating infection especially in the case of chronic sinusitis. Medications are intravenous, meaning that they work through the blood. Due to the limited blood flow to the nose cavities, it is sometimes complicated for medicine to reach the afflicted cells. Sinus surgery provides immediate relief; however it does not battle the infection alone, departing you at risk of recurrent infections.

Many pharmacies have been making waves **treating sinusitis** and other **sinus problems** with topical ointment treatments in which are incredibly effective in fighting infection and also preventing future outbreaks. One local pharmacy in particular, Sinus Dynamics, presents three different treatment options as well as specially compounded medications that may be prescribed by your doctor, and delivered to your own doorstep within 3 business days. These treatments not only help get rid of the need for surgery, but they reduce the risk of antibiotic resistance. The nebulized treatments they provide have shown a great 82.9% success rate, with patients providing a "good or excellent" response (according to a scientific study).

You are suffering from chronic sinusitis and are interested in the treatment options which Sinus Characteristics provides, please visit them on the internet at <http://www.sinusdynamics.com/> or by contact these, toll-free, with 1-877-447-4276.

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