

# Chronic Sinusitis - What to Look For

**W**e've all felt the pain of a **sinus infection**. The throbbing pressure, postnasal drip and congestion are just a few of the irritating symptoms in which we've been all familiar with. Many people get over their infection within a week or so, but for some of us it never stops. That week turns into a month, sometimes lengthier, and it seems as soon as they get better it comes right back. This is known as a chronic nose infection, and while the signs are similar to an **acute sinus** infection, they could be significantly worse. In some cases they can lead to serious complications when they're not treated properly. Let's take a look at some of the differences between a serious infection and a persistent infection.



## Acute Sinusitis Vs Persistent Sinusitis

As mentioned before, an acute sinus infection will last 7 to 10 days, and is normally triggered by a cold or the flu. Acute sinusitis is often the result of a cold or the flu, whenever germs become trapped inside the sinus passages and sinus cavities. Thick greenish-yellow eliminate is a sign of a severe sinus infection.

- **chronic sinus infection** can last up to 12 days or longer.
- This is usually the result of a pre-existing condition like hypersensitive rhinitis, or even persistent acute infections.
- Symptoms are typically significantly more severe in the case of a **chronic sinus** infection, plus they include:

*Clear, thin discharge - Extreme pressure and congestion - Headaches, especially when leaning forward or bending over - Halitosis (bad breath) - Discomfort in the teeth and jaw - Postnasal drip*

## Treatment is Essential

When looking at chronic sinusitis, remedy is crucial because of the risk of the infection spreading to other parts of the head and body. The infection can spread to the ears, leading to temporary (and sometimes permanent) hearing difficulties as well as the eyes which could lead to temporary or permanent eyesight loss. In extreme cases, the infection can spread to the brain and spinal cord, which could always be fatal.

While no one wants to live with the pain and aggravation associated with chronic sinusitis, still must be said that you find medical assistance immediately to assist you in fighting the infection. Your doctor can suggest you medication, or in some cases they are going to refer you to an ENT (Ear, Nasal area and also Throat doctor) to receive **sinus surgery**. Other options for treatment.

While both medications and sinus surgery have their advantages, they are not always the most effective in removing infection especially in the case of **chronic sinusitis**. Oral medications are intravenous, meaning that they work through the blood vessels. Due to the limited blood flow to the nose cavities, it is not easy for medication in order to reach the contaminated cells. Sinus surgery provides immediate relief; however it does not battle the infection itself, departing you vulnerable to recurrent infections.

Many pharmacies have been making surf **treating sinusitis** and other **sinus problems** with relevant treatments which are really effective in fighting infection in addition to preventing future outbreaks. One pharmacy in particular, Sinus Dynamics, provides three different treatments as well as specially compounded medications that can be prescribed by your doctor, and delivered to the doorstep within 3 company nights. These treatments not only help eliminate the need for surgery, nevertheless they reduce the risk of antibiotic resistance. The nebulized treatments they provide have shown a good 82.9% success rate, with patients giving a "good or excellent" response (according to a scientific study).

You are suffering from chronic sinusitis and are interested in the treatment options that Nose Character provides, please visit them online at <http://www.sinusdynamics.com/> or even by phone these, toll-free, from 1-877-447-4276.

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